## Grades & Academics

Athletes are expected to have a minimal GPA of 2.0 to be on the team and a GPA of 3.0 to compete. They may not have a Failing or No Grade in any class during the Season. Each Athlete is expected to succeed in the classroom. It is expected that anyone who falls below this standard continue to practice and attend swim meets, but they will not be allowed to compete. Anyone who falls below a 2.0 GPA is removed from the team.

## Uniform

Both Spirit pack & Uniforms are ordered on your own from the company direct, see the apparel page at www.herrimanswim.weebly.com

We will have the following Spirit Pack Uniform.

**Weight Room Uniform:** Team Weight-Room T-shirt

**Meet Day Uniform:** Blue Polo Shirt

**Travel Uniform**: White Long-sleeve.

**Team Back-Pack** – Blue TYR with your name on it (ordered online)

**The Following Is the required, when you are at a Swim Meet**

Red Herriman Shirt & Warm Ups

Silicone Swim Cap (You may personalize it you choose).

Herriman Swim Suit (Same design as last year.)

## Due Dates to be aware of:

**All athletes must complete the following:**

1. Register online – Registermyathlete.com: Required before Tryouts
2. Submit a copy of the previous quarter’s report card - 4th Quarter of last year: By Nov 1
3. Submit a UHSAA Medical Physical *before Nov. 1*
4. Pay the Athletic Participation fee of $75 by *Nov. 1*. (All Athletic Fees are non-refundable)
5. Pay for the additional Pool Time Rental: $50
6. Order your Uniforms and Supplies online by Oct 15

## Attendance

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| **Morning Practices**: Weight Lifting: Varsity will Lift on Monday & Wednesdays, JV will Lift on Tuesdays and Thursdays. Swim Practice: Varsity will Swim on Tuesday, Thursday, Friday, & Saturday. JV will Swim on Monday, Wednesdays, and Fridays  **Afternoon Swim Practice**: Varsity will Swim on Monday, Wednesday, and Friday’s. JV will swim on Tuesday, Thursday, and Friday’s.  It is expected that swimmers be present at meets and practices. All practices are mandatory unless otherwise stated: If a swimmer misses a practice the week of the meet they will sit out the Meet. If a swimmer misses a meet, they will miss the next Meet.  . |

## USA Swimming

USA Swimming will be available for swim times to count for national and state competition. USA Swimming is the Olympic Governing Body for Swimming in the USA. Invitational, Region, and State Meet times count for USA Events.

## Policies & Conduct

Violation of the following WILL result in being TERMINATED from the team:

* Disregarding any team policy.
* Non-participation.
* Not maintaining GPA standards (2.0 to be eligible to play according to the school district policy – Team policy will require a 2.5 GPA to maintain starting position).
* An illegal act or being in a place where an illegal act is occurring.
* Possession or use of illegal drugs (improper prescription drugs), alcoholic beverages, and tobacco of any form, or being in a place where this is occurring.
* Distributing substances (including over-the-counter medications) to other students. (Students should only possess the recommended 8-hour dosage of medication substances per school day).
* Being disrespectful towards Coaches, Team Members, Peers, Administration, or Teachers. Disruptive behavior or influence; including immoral conduct (i.e. excessive public display of affection, pregnancy, disruptive influence, hazing, being disrespectful to coaches and/or other team members/peers/teachers/or administration, use of crude or vulgar language, conduct deemed inappropriate by the advisor, team and/or principal, etc.)
* Cyber bullying, posting inappropriate items or comments on Facebook or Twitter, etc. (i.e. nudity, cruel or demeaning comments about others, swearing, inappropriate photographs).
* Suspension from school.
* Cheating or plagiarizing on assignments, tests, or projects at Herriman High School.
* Bullying in any form (Social, Physical, Verbal).
* Not adhering to the school dress code after being cited for a violation 2 times.

## Agreement & Signature

As a Scholar-athlete I agree to the following terms and conditions of the Herriman High Aquatics team and recognize that I must adhere to these as a member of the team.

Signature of Athlete: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

As a parent/guardian I agree to the Herriman High School Terms and Conditions and recognize my role as a Parent/Guardian member of this team:

Signature of Parent / Guardian: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_